

345 Huntington Avenue
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OBJECTIVE

To obtain a college or university position in health education programming.

EDUCATION

Bachelor of Science in Health and Wellness, May 2017

STATE UNIVERSITY OF NEW YORK COLLEGE AT BUFFALO

- Concentration in Social Issues and Adult Fitness with Minor in Athletic Coaching
- GPA 3.4/4.0

INTERCOLLEGIATE ATHLETICS

Co-Captain (2016/2017 season) for Division III Football, 2013 - 2017

CAMPUS LEADERSHIP

Program Director, 2016/2017 Academic Year

HEALTH AND WELLNESS ASSOCIATION

- Collaborate with department chair to develop and supervise all health education programs and events.

HEALTH PROGRAMMING

Weight Management... Simplified, 2015/2016 Academic Year

- Developed and implemented an eight-week weight management program to educate students on proper nutrition and the importance of a healthy lifestyle.

Personal Training Protocol, 2014/2015 Academic Year

- Co-developed a complete protocol for exercise testing and personal training services to be implemented in the college's fitness center.

Hunt for Health, Spring 2015

- Solicited donations, recruited volunteers and coordinated campus-wide scavenger hunt to promote healthy living.

University at Buffalo Health Fair, Spring 2014

- Demonstrated tri-fit body composition machine and conducted health fitness assessments; offered targeted health information feedback.

CERTIFICATIONS

AMERICAN RED CROSS

- *Community Cardiopulmonary Resuscitation*
- *Fundamentals of Instructor Training*
- *Automated External Defibrillator*
- *First Aid*
- *Responding to Emergencies*

NATIONAL SAFETY COUNCIL

- *Blood Borne Pathogens*

EXERCISE ALLIANCE

- *Medical Exercise*

PROFESSIONAL MEMBERSHIP

AMERICAN COLLEGE HEALTH ASSOCIATION

WORK EXPERIENCE

STATE UNIVERSITY OF NEW YORK COLLEGE AT BUFFALO

Student Assistant, WEIGEL HEALTH CENTER, September 2016 – present

Clerk, HEALTH AND WELLNESS DEPARTMENT, January 2016 – August 2016

Equipment Clerk, INTERCOLLEGIATE ATHLETICS, June 2014 – December 2015